Going home checklist

We want your move from hospital to home to go as smoothly as possible.

Before leaving hospital, make sure your doctor or nurse has given you:

☐ a discharge letter about your diagnosis and treatment to discuss with your GP
☐ an ‘easy to read’ medicine list to help you manage your new medicines at home
☐ instructions about the medicines you were taking before you were admitted to hospital and any changes that have been made
☐ information about how to care for any surgical wounds or how to use any aids e.g. crutches
☐ advice about any further tests you might need
☐ details of when you will need to see your GP or attend an outpatient clinic
☐ any X-rays and all your personal belongings
☐ information about your special needs at home such as hand rails, wheelchair, preventing falls, diet
☐ information about any exercises you might need to continue at home.
☐ a signed Patient Assisted Travel Scheme (PATS) form, if you are a country patient.

Also check that the hospital has:

☐ kept your carer up to date
☐ arranged for any nursing home care that you may need
☐ confirmed your transport home
☐ arranged for a home assessment if you have asked for one.

Copyright to this material is vested in the State of Western Australia unless otherwise indicated. Apart from any fair dealing for the purposes of private study, research, criticism or review, as permitted under the provisions of the Copyright Act 1968, no part may be reproduced or re-used for any purposes whatsoever without written permission of the State of Western Australia.