

Information about Young Carers



At least 1 in 11 young people in Australia have some level of responsibility as a carer in their home. This equates to there being, on average, two or three young carers in every classroom in Australia.

A young carer is someone under the age of 25 years-old who provides unpaid care and support to family members and friends who live with disability, mental illness, chronic condition, terminal illness, an alcohol or other drug issue or who are frail aged. The Young Carer team engages with students, educators and parents to increase awareness and supports for young carers within the education system.

The Young Carer team works alongside the Carers WA counselling team to deliver a unique FREE service to education facilities including:

- Primary schools
- High schools/colleges
- TAFE
- Universities
- CARE schools

The Young Carer team works together with education facilities to support families and young carers by providing:

- Assembly presentations
- Classroom workshops
- Peer support groups for young carers
- Workshops: young carer and family
- PD sessions for educators and non-teaching staff
- Attendance at school expos and forums
- Young carer events
- Counselling
- Information provision

**For more information contact the Young Carer team or visit the website:
1300 CARERS (1300 227 377) | youngcarers@carerswa.asn.au**

Supported by



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