If you help a family member or friend with:



... you may be a carer

Does caring for somebody impact how you feel, or your ability to work, study or socialise?

Carers WA can help you with free supports

1800 422 737



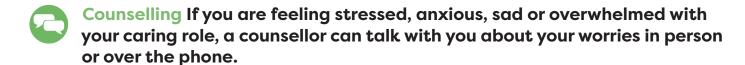


About Us

Carers WA is a community organisation that provides free supports and advocacy to carers in WA.

We offer a range of programs and services to help you manage your caring responsibilities and look after yourself.

Services available through Carers WA and Carer Gateway





This may include supports such as household help, transport to medical appointments, respite or a training course.

Connect with other carers Meet people in similar caring situations at local community events and workshops. Share stories and advice, and take a break from your caring role.

To access relevant, free supports and services, call us to complete a simple planning session about your needs as a carer.

Contact Us

Call 1800 422 737 Monday to Friday between 8am - 5pm and press 1 to speak to Carers WA.



www.carerswa.asn.au

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