



Carers WA

Are you caring, looking
after or helping out a
family member or friend?

**Come have
a yarn
with us.**

Free services.

Support available to all Aboriginal and Torres Strait Islander people.

☒ Do you look after a family member or friend with:



Disability



Medical condition



Drug or alcohol dependency



Mental health challenges or trauma



Frail due to age

☒ Do your caring responsibilities affect your wellbeing or your ability to work, study or socialise?

☐ If you answered **YES**, to any of these questions, we can help you.





**Learning
Job Skills**



**Going on
Country**



**Cultural
Arts &
Dance**



Having
a Yarn

Can't find time for a
break? Our Aboriginal
Engagement Team are
here to have a yarn.

1800 422 737

Connecting
with
Community





**Your space,
your story,
your journey.**

The activities listed are
examples of support available.
Your support will be tailored to
your interests and needs.



Carers WA provides a range of free information and access to culturally appropriate support services.

Want to find out more?

1800 422 737

www.carerswa.asn.au

info@carerswa.asn.au



Carers WA acknowledges and honours the Whadjuk Noongar people as the Traditional Owners of the Noongar lands on which the Carers WA office sits. Carers WA pays respect to the Elders, past, present and emerging and to the living cultural, spiritual, family and social relationships that the Traditional Owners have to this land.