

Carers Wellness at Home

Information for Service Providers

If you recognise someone is a carer, ask them if they would like to meet a Carer Wellness Support Officer at their home or in the community. They can talk the carer through their caring role and inform them how to access the support they need to continue caring.

The Carers WA "Carer Wellness at Home Program" provides in home support specifically to carers.

We can provide carers with:

- Individualised and ongoing carer support
- Assistance with completing paperwork
- Navigating services to support carers with My Aged
 Care and Carer Gateway
- Guided referrals to other services for emotional and practical support
- Wellness and educational event opportunities

For carers to access this FREE service, care recipients must be:

- Over 65 years of age (50 years or over for Aboriginal and Torres Strait Islanders)
- Receiving Commonwealth Home Support Program (CHSP)
- Not receiving a Home Care Package (carer is eligible if the care recipient has been approved for a package or is on the national queue, as long as they are not receiving the package currently)

To make a referral, please complete the enquiry form at <u>www.carerswa.asn.au/our-services/carer-wellness-at-home/</u>or email wellnessprogram@carerswa.asn.au

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carerswa.asn.au