

Young Carer Peer Support Group



Staff Name: _____ Organisation: _____ Date: _____

Number of people in the group: _____ Number of sessions completed: _____

Please help us evaluate and continually improve the Young Carer Peer Support Group (PSG) content and materials by answering a few questions. Please state if you agree, are neutral, or disagree with the following statements. On this scale, 1 means you strongly disagree, 5 means you completely agree.

1. I found the Starter Kit relevant and helpful.

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1	2	3	4	5

2. I found the session plans easy to access and use.

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1	2	3	4	5

3. The Young People engaged well with the content.

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1	2	3	4	5

4. I believe that after participating in the program, the young people are more confident and aware of their strengths.

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1	2	3	4	5

5. I believe that after participating in the program, the young people are more likely to demonstrate help seeking behaviour.

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1	2	3	4	5

6. How relevant and engaging was each topic for the young people? Please tick a box for each topic.

SESSION 01: Identifying Strengths

NOT RELEVANT AT ALL 0 1 2 3 4 5 6 7 8 9 10 EXTREMELY RELEVANT

SESSION 02 & 03: Vision Boards/Setting Goals

NOT RELEVANT AT ALL 0 1 2 3 4 5 6 7 8 9 10 EXTREMELY RELEVANT

SESSION 04: Help Seeking

NOT RELEVANT AT ALL 0 1 2 3 4 5 6 7 8 9 10 EXTREMELY RELEVANT

SESSION 05: Describing Worries and Strategies to Manage

NOT RELEVANT AT ALL 0 1 2 3 4 5 6 7 8 9 10 EXTREMELY RELEVANT

SESSION 06: Describing Emotions and Practicing Strategies

NOT RELEVANT AT ALL 0 1 2 3 4 5 6 7 8 9 10 EXTREMELY RELEVANT

SESSION 07 & 08: Journaling, Gratitude and Resilience

NOT RELEVANT AT ALL 0 1 2 3 4 5 6 7 8 9 10 EXTREMELY RELEVANT

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7. What other topics, skills or activities do you think would be relevant for Young Carer Peer Support Groups?

8. Did your school invite any other agencies or guest speakers to speak to the group or facilitate any activities? If so, which agencies?

9. How likely are you to recommend the peer support program to other schools?

Strongly Unlikely	Unlikely	Neutral	Likely	Very Likely
1	2	3	4	5

10. Additional feedback or comments:

11. Which of the following has your school or organisation implemented or would like more information on?

Resource	Implemented	Would like more information or examples.
Information on eligibility and referral pathways for young carers to Carers WA.		
Visual posters/material on corkboards and/or Student Services.		
PD for wider staff on catering for young carers.		
Caring role assessed/determined in enrolment forms.		
Young carers acknowledged in organisational policy.		
'Blurb' on young carers and Carers WA periodically in newsletters to families.		