

# CARERS COOKING CLASS

## What We Will Create

*Roast Pumpkin, Pinenut, Free Range  
Mt Barker Chicken Risotto*

*Asparagus, Leek & Brie Tartlet*

*Thai Salmon Fish Cakes*

*Grilled Middle Eastern Sumac Pumpkin &  
Yoghurt Tahini Dressing*

*Moroccan Beetroot Salad*

*Apple Tarte Tatin  
&  
Coconut & Dark Chocolate Mousse*

## What You Will Receive

*2 hours of hands on tuition by executive chef,  
Frederick Kirby*

*Followed by enjoying your feast with your peers  
& take home your recipe package & apron*

