

In-Person Peer Support Regional and Online

What is In-Person Peer Support?

The In-Person Peer Support (IPPS) program provides an opportunity for carers to share their experience of being an unpaid carer, learn from others, develop self-care skills and create a supportive network in a safe environment.

IPPS groups can provide a sense of empowerment, understanding and reduce feelings of social isolation.

Current locations available to regional carers.
*Alternate weeks **Monthly.



Manjimup

Manjimup Home & Community Care
Mondays* | 10.00am-12.00pm

Esperance

Escare
Tuesdays* | 10.00am-11.30am

Online

Via MS Teams
Thursdays* | 1.00pm-2.30pm

Online Carers Neurodiverse Children

Via MS Teams
Wednesdays* | 1.00pm-2.30pm

Greenhead

Leeman & Greenhead Community Resource Centre
Tuesdays* | 10.30am-12.00pm

Boyup Brook

Boyup Brook Community Resource Centre
Wednesdays* | 10.00am-12.00pm

Donnybrook

Donnybrook Library
Thursdays** | 2.00pm-3.30pm

Nannup

Nannup Community Resource Centre
Fridays** | 10.00am-12.00pm

Eligibility - Must have completed a Carer Gateway planning session

For more information please contact

IPPS@carerswa.asn.au or 1300 227 377

Cost

**Free
Tea & coffee
provided**