

In-Person Peer Support Regional and Online



What is In-Person Peer Support?

The In-Person Peer Support (IPPS) program provides an opportunity for carers to share their experience of being an unpaid carer, learn from others, develop self-care skills and create a supportive network in a safe environment.

IPPS groups can provide a sense of empowerment, understanding and reduce feelings of social isolation.

Current locations available to regional carers.
*Alternate weeks **Monthly.



Augusta

Centennial Hall (Spinners & Weavers Room)
Fridays** | 1.00pm-2.30pm

Boyup Brook

Boyup Brook Community Resource Centre
Wednesdays* | 10.00am-12.00pm

Bridgetown (Parents of Child with Disability)

Bridgetown Hub
Wednesdays** | 10.00am-12.00pm

Donnybrook

Donnybrook Library
Thursdays** | 2.00pm-3.30pm

Esperance

Escare
Tuesdays* | 10.00am-11.30am

Greenhead

Greenhead Community Centre
Tuesdays* | 10.30am-12.00pm

Eligibility - Must have completed a Carer Gateway planning session

For more information please contact

IPPS@carerswa.asn.au or **1300 227 377**

Manjimup

Manjimup Family Centre
Thursdays* | 10.00am-12.00pm

Nannup

Nannup Community Resource Centre
Fridays** | 10.00am-12.00pm

Northcliffe

Northcliffe Family Centre
Wednesdays* | 10.00am-12.00pm

Online

Via MS Teams
Thursdays* | 1.00pm-2.30pm

Online (Carers Neurodiverse Children)

Via MS Teams
Wednesdays* | 1.00pm-2.30pm

Free for
carers
registered
with
Carers WA

www.carerswa.asn.au