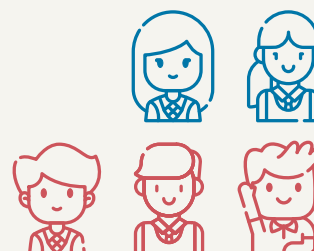


Identifying and Supporting Young Carers



Free Professional Learning for Education Staff and Community Organisations

There are between 3 and 5 young carers in every Western Australian classroom. Research shows that being a young carer has a negative impact on educational engagement, attainment of future earning potential as well as social and health outcomes.



Young people caring for a sibling or parent with disability, physical or mental health challenges (ie. young carers) are among the top four most vulnerable groups of Australian youth. They often go unnoticed but their early identification and access to support can dramatically alter their lives for the better.

Contact us for free Professional Learning Sessions brought to you by the Young Carer team at Carers WA. Our sessions, lasting either 30 or 60 minutes, are specifically designed for education, health, youth, and community workers. Our goal is to equip you with the knowledge and skills necessary to identify and assist young carers.

These sessions are entirely cost-free and are linked to the TRBWA Professional Standards for Teachers in WA.

Sessions cover:

- Know who young carers are.
- Understand how a caring role can impact educational engagement and wellbeing.
- Recognise indicators to identify young carers in schools and community.
- Use existing resources and processes to respond and support young carers.
- Collaborate with families and refer to support engagement.
- Supports schools to demonstrate practice aligned with The Carers Recognition Act 2004 (WA).
- The Better and Fairer Schools Agreement 2025-2034.

Contact Us

E: youngcarers@carerswa.asn.au

P: 1300 227 377

www.carerswa.asn.au