



THE UNIVERSITY OF  
**WESTERN  
AUSTRALIA**



## Research Study

## Participants Wanted: Senior-Carer Pairs

**For a UWA pilot study on AI daily  
check-in phone calls**

### Are you caring for a senior who lives in the community?

Researchers from the University of Western Australia are running a short pilot study about AI daily check-in calls for senior participants and their unpaid carers. We are looking for:

- seniors aged 65+
- living in the community
- English-speaking
- able to provide their own consent
- with no current diagnosed mental health condition, suicidal ideation or moderate-severe cognitive decline
- with an unpaid carer also willing to take part

### What's Involved?

#### For the Senior Participant

- One short AI phone call each day for 14 days.
- Each call lasts 1 to 2 minutes.
- A short wellbeing questionnaire (WHO-5) before and after the pilot.

#### For the Unpaid Carer Participant

- Access to pilot updates, which may include summary emails, no-answer alerts, and portal access.
- Two short interviews of about 10 to 15 minutes each, one at the end of week 1 and one at the end of week 2.
- A short questionnaire (ZBI-4) before and after the pilot.

### Important

The caller is an AI voice agent, not a human.  
This is not an emergency monitoring or clinical service.

### Ethics Approval

This study has been approved by the Human Research Ethics Committee at The University of Western Australia (Ref: 2026/ET000486).

**\$25**

Gift voucher  
for  
participants

**Find out more**

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