



CARING FOR CARERS



1300 227 377

AN AUSTRALIA THAT VALUES AND SUPPORTS ALL CARERS



HOW CAN CARERS WA HELP?

Carers WA offers a range of innovative programs and services aimed at providing practical and emotional support. Carers WA also advocates for improved services and supports for carers by addressing carer issues at a state and federal level to influence government and other decision makers.

OUR PROGRAMS & SERVICES

Carer Advisory Service

Information and referrals to services and supports available to carers.

Counselling

Carers can access counselling and emotional support via telephone, face to face, Skype and email. Our counsellors are professionally qualified and understand issues relating to the caring role.

Carers Counselling Line: 1800 007 332

Email Counselling: chat@carerswa.asn.au



NDIS

Information and workshops to assist carers to understand the National Disability Insurance Scheme (NDIS).

Carer Wellness at Home

Offers individualised support and information for carers in their own home*.

*Only available to eligible carers within specific areas.

Education and Training

Information and tools to assist with the caring role and increase carer wellbeing. Information sessions and workshops are also available for service providers.

Social Support & Wellness

Metro and regional social support groups are available for carers to connect, learn about services and have a break from the caring role. Carers can also access accommodation and other wellness options, including the Anne Bluntish Retreat.

Young Carers Program

Information and referral support, counselling and social activities for young people aged 8 to 25 in a caring role.

Web: www.youngcarerswa.asn.au

Email: youngcarers@carerswa.asn.au



'Cloud' School Engagement Program

Actively engages with students, educators and parents to increase awareness and supports for young carers within the education system.

Carers in Employment Program

Assists carers to enter or re-enter employment and works with employers to be 'carer friendly'.

Carer Representation Program

Training and support for carers to participate in government committees and to use their lived experience to represent the voice of carers in the community.

"Prepare to Care" Hospital Program

Resources and education for hospitals to help guide carers and link them with supports both during and after a hospital stay.

Better Start Initiative

Early intervention therapy funding for children under the age of 6 with an eligible disability.

Web: www.betterstart.net.au



ARE YOU A CARER?

“A carer is someone who provides unpaid care and support to a family member or friend who has a disability, mental illness, chronic condition, terminal illness, an alcohol or other drug issue, or who is frail aged.”

More than one in eight Australians are carers. Of these carers, over 320,000 are providing either substantial or full-time care in WA. They come from all walks of life and help the people they care for in many different ways. Some carers may have sole responsibility for caring, while others share it. Some carers provide 24-hour care to family members with complex needs, while others may assist with daily activities, such as housework and shopping.

Carers WA help carers in any caring situation.

ABOUT CARERS WA

Carers WA is a non-profit, community based organisation and registered charity dedicated to improving the lives of family carers living in Western Australia. Part of the National Network of Carers Associations, we are the peak body recognised by government as the voice of family carers.



CONTACT US

Carers Association of Western Australia

Phone

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General email enquiries

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To refer a carer

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Web

www.carerswa.asn.au



Carers WA and Young Carers WA

MEMBERSHIP

Membership is free for carers.

To register with Carers WA please contact us on 1300 CARERS (1300 227 377).